

To-day clocks are built to record a moving time. The oldest clock in Europe was built by Black Man with Nature at Dún Aengus on Inishmore on the Aran Islands from quasar stone to record just a moment in an ancient time. Below takes you to that experience to a sense of intangibility back to a moment of an ancient time to a place you find deep inside your consciousness, to that ancient world.

### **The Code of Before Time and After Time**



Imagine if waking up some morning and you are living in a time machine that has morphed you back more than 30,000 years and you are to join dotted lines on a return journey to the future that is Now. It is an image, because you cannot name or phrase anyone with those human thoughts because they apply to a perceptible being, You.

For this exercise you are standing beside 'The Rock of the Candle' in Corcamore, Clarina, Co. Limerick, Ireland. The megalithic stone ( one of many ) was placed there by ancient man more than 50,000 years ago for the purpose of generating the life force energy of the communities in a land that they loved. This stone has been and still is part of an ancient national mapping process that connects with that energy grid on the island of Ireland and reflects the heavenly gardens in the cosmic universe.

One such grid location is Dun Aengus on the Aran Islands, Galway Bay. Imagine touching the rock and feeling the magic of 'The Rock of the Candle' and closing your eyes and in a

moment knowing your soul transcending your life forces across and out into the ocean to this man made gravity and meeting your sub consciousness that you call Dee Noblesse, an ancient dark rugged grey stone on a windswept landscape in The Burren, Co. Clare; that in another time was then a mighty power in all its glory and technology.

This is the beginning of your outer body experience that will empower you to new heights with a mystic thought. Your journey has begun into a past of a, before time, known as 'Wu' to a destination of now, an after time, known as 'Yu'. Your diary begins to record that journey and in that experience, it is being etched on your soul. Your dream is both a trilogy and a trinity within you with reverence, and what follows is recounted and witnessed by You.

Upon your arrival (refer to maps) your feeling of presence at the ring fort on the Aran Islands is one of before it was built; there was nothing. This period before man marked the earth was before time as we know it. Before time and throughout time, there has been a self-existing being – eternal, infinite, complete, omnipresent. This being cannot be named or phrased, because human speech only applies to perceptible beings.

Walking around the ring fort you can only sense that the primordial being was primitively and is still, essentially imperceptible. Outside this being, before the beginning, there was nothing, "non-being" or "formless", "mystery" or "the principal".

The period when there was not yet any sentient being, when the essence alone of the principal existed, is called "before Heaven"(Wu).

The day that the ring fort was built marked the beginning of Time. From that day the principal was named by the double term of "Heaven and Earth" (Yu). The Heaven and Earth binomial emits all existent sentient beings. The new landscape shaped by man with the ring fort pointed the beginning of the "virtue of the Principal" – i.e. generates all products that fill up the world as we now call it; The Gross National Product. The symbol of this landscape can be seen as man's quest to produce, to engage in commerce, and to initiate the faculty of human awareness, rest and activity, or to put it another way, empty and full. The location of this earth's symbol tapped into the earth's energy, life force of the planet, and manifested from this powerful force the power of the human mind to create ideas with images and be moved by passion including Sex.

The moment at which this landscape marked the principal of "Heaven and Earth", was the age of Taurus. The landscape also marked part of that area that was known before as the Land of Atlantis. Today the ring fort has lost part of itself to the sea. That part which it has lost has been returned by nature to "The Principal", the period when there was not any sentient being, when there was nothing, when the essence was "before heaven" and when there was no time. The existing structure is a design crafted in partnership by both man and nature. The removal of that part now lost to the sea marks in man's consciousness the period of timelessness when the mind was absolutely still, completely empty and calm, doing nothing. A pure and clear mirror, it was capable of reflecting and ineffable and unnameable essence of the Principal itself. This is called the "Greater Circle".

The middle of the original manmade circular ring fort shows on one part the landscape on which it was originally built and on the other the drop of the high rugged cliffs over the powerful ocean to which it was returned by nature. That part returned to nature also shows to us, the altruism of water.

Looking down from the top of the dangerous cliff and in the center of the original ring fort, your emotions flee from the heights at which it concentrates to the depths below and does not feel idle doing so day or night. Above form the rain and dew, and all around a feeling of purification. Now you look out across the Atlantic Ocean and feel your thoughts become deeper and cohesive with insight and a longing to the past to connect to a line on the waters before you, to an unknown location that is a place that will be reawakened again and the life of the rugged stones around you will reveal once more in chorus the power of Now from an unchanged world bringing to you its music and stories. You are now empowered in ways that you never knew from a life within.

From the center inland, the remaining manmade ring fort, the inclination is quite the opposite and the passion to benefit oneself and make a profit proliferates your soul to generate wealth. The flesh being wiser than the intellect, this feeling of greatness is in the blood. Your mind can go wrong, but what your blood feels and believes in, is always true. These are the unconscious feelings and wanting, not knowing. The essence of this moment at this location is to feel good and useful to all, to obey and never resist, to stop if confronted by a barrage, and to flown when the gate opens. It is a feeling of adaptability to anything.

There is no visible sign left to show how or why the ring fort was parted within itself and no recorded tale to such event. Nonetheless, news did reach Plato subsequently of a land of magnificence in Atlantis. The land of the greater land of Aran, Inis Mor...Ireland...eerand...the land in the west...or Westland and the Land of Tory. The maps of Ireland created by the great Greek Philosopher Ptolemy show Senos, the ancient river now known as the Shannon, and Gangani that part of Corcamore/ Newtown (across the river from Shannon Airport) to Glin in Co. Lymericke where all the first boats arrived and settled in 'The Isles' and has given its name to the current local boat the 'Gandelow'. The confluence of all people that arrived into that part of the world came from the original migration of man from Africa, since The Great Change, to reach the greater hinterland of Ireland and Inishmore, and continues to the present day.

Before Dun Aengus was destroyed man came from the west. The cause of the shift of the earth's rotation (The Great Change) seemed initially to be cosmic from the Heavens and destroyed the life of the quasar emitting rocks (Quasi-stellar) on the earth's surface, thus causing a massive central deep vaulted rift line in the Atlantic and the Pacific. Time changed forever at that moment. At the time of the beginning of the Age of Taurus and up to and after the ring fort was originally built, the earth's energy revolved on its axis from east to west and Ireland, or more appropriately the greater hinterland of the then Ireland, the Land of Atlantis, was the land in the East. Thus, the confluence of people came west to Atlantis from the Americas and developed their world of Atlantis that has since been lost to mankind.